



# MUREHWA RURAL DISTRICT COUNCIL RAPID ASSESSMENT OF ADOLESCENT SEXUAL AND REPRODUCTIVE HEALTH (ASRHR)

JANUARY 2022



## FACT SHEET

This fact sheet is a summary of the findings of the ASRHR Rapid Assessment undertaken in Murehwa Rural District Council as part of an eight-country study<sup>1</sup> from November 2019 to December 2020. The research aims to strengthen youth-led and focused efforts to promote ASRHR through gender and youth responsive local governance. Gender Links Zimbabwe conducted the study in thirteen Centers of Excellence for Gender in Local Government.<sup>2</sup> In Murehwa, the study covered 5 clinics; 100 respondents: 54% young women and 46% young men (see table overleaf). This fact sheet should be read together with the Zimbabwe, and the Southern Africa ASRHR Rapid Assessment research pamphlets. Key findings include:

### Accessibility

- Over half (52%) percent of respondents reported being within 10 km of a clinic. All young people who visited Dandara clinic walked a distance of more than 10 km. This is clear evidence that young people in rural areas walk relatively longer distances than those in urban areas to access health services.
- Responses to whether the clinics open after school were moderately high at 62%. Dandara clinic is not open after school. Probably because of the distance young people have to walk to access services from the clinic.
- Almost all respondents (92%), said that clinics open during weekends. Only Craiglea (89%) and Murehwa Poly (88%) clinics had a response rate lower than 90%.
- Almost all respondents (90%) said that the clinic had a comfortable waiting area. All young people who accessed Dandara clinic said the waiting and consultation area was uncomfortable.
- The average cost of ASRHR services in Murehwa is USD\$2.

### Quality of care

- Most young people (90%) said they were treated with respect. All youths except for youths who accessed Murehwa Poly (85%) and Kambarami clinics (80%) said they were treated with respect.
- Over a quarter (79%) of young people indicated that there was privacy at the clinic. Worryingly youths from Dandara Clinic said there was no privacy. This could point to the infrastructure. There is a need to create youth-friendly corners or units within the clinic.

- A high proportion (88%) of respondents said they were treated with confidentiality. Only youths from Dandara clinic reported that there was no confidentiality.
- Only sixty percent of respondents said that clinics did not require their parents to be present, with Dandara clinic being the only exception.
- Over half (56%) of young people indicated that health workers spent sufficient time with them. All clinics but Kamabarami (45%) and Dandara (0%) had an above-average response rate.
- Sixty-nine percent of young people said they received appropriate information. Only Chitowa 2 clinic had a low response rate at 48%. Availability of information is a key component that gives young people a #VoiceandChoice.

### Sexual and reproductive health services

- A very low proportion of young people (15%) requested contraceptives. Murehwa Polyclinic had the highest requests (25%), while there were no requests at Chitowa 2 and Dandara clinics. Over half (53%) of those who requested contraceptives received them. Only Craiglea clinic did not attend to requests for contraceptives.
- A fifth (20%) of young women requested a pregnancy test. Over half (55%) of those who requested, received the service. At the time of the study, 2% of young women were pregnant.
- Over a quarter (28%) of young women requested sanitary pads. These ranged from no request in Chitowa 2 clinic to 43% at Murehwa Polyclinic. Two thirds (67%) of those who requested received them. Craiglea and Kambarambi clinics did not distribute any sanitary pads.
- Half of the young men requested male circumcision. Male circumcision has been shown to reduce the spread of HIV and AIDS. Almost all requests (87%) for circumcision were met.
- Over half of respondents (52%) requested an HIV test. No requests were made at Dandara clinic. Almost all (90%) of those who requested the service received it. This is evidence of Zimbabwe's commitment to reducing HIV infections.
- Over a quarter (27%) of young people requested an STI test and 78% of those requests were met.
- Twenty percent of young people requested anti-retroviral treatment and 70% of these requests were met.
- Less than half of respondents (42% overall) said health workers asked about their mental health.

<sup>1</sup> Botswana, Eswatini, Lesotho, Madagascar, Mauritius, South Africa, Zambia and Zimbabwe  
<sup>2</sup> Bindura RDC, Bulawayo City, Gweru City, Harare City, Kadoma City, Makoni RDC, Masvingo City, Murehwa RDC, Mutare City, Mvurwi Town, Umuza RDC, Zibagwe RDC and Zvimba RDC

FOR MORE INFORMATION go to:

<https://genderlinks.org.za/what-we-do/governance/local-action-for-voice-and-choice/>


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KEY DATA FROM THE RAPID ASSESSMENT OF ASRHR SERVICES IN MUREHWA RDC ZIMBABWE



Indicator	Murehwa RDC	Chitowa 2 Clinic	Craiglea Clinic	Dandara Clinic	Kambarami Clinic	Murewa Poly Clinic
Total sample	100	21	18	1	20	40
% female	54%	48%	61%	0%	50%	58%
% male	46%	52%	39%	100%	50%	42%
<b>Logistic information on health facilities</b>						
Health facility within 10km from your home %	52%	76%	44%	0%	35%	53%
The facility opens after school? %	62%	95%	67%	0%	60%	45%
The facility opens on weekends? %	92%	100%	89%	100%	95%	88%
The facility has a comfortable waiting and consultation area? %	90%	100%	94%	0%	90%	85%
Average fee in USD	\$2	\$1	\$1	None	\$1	\$3
<b>Quality of care</b>						
Peer counsellors available %	76%	62%	94%	100%	65%	80%
Young people treated with respect %	90%	100%	100%	100%	80%	85%
Young people are treated without parent present %	60%	90%	61%	0%	55%	55%
Young people have privacy %	79%	95%	67%	0%	80%	78%
Young people have confidentiality %	88%	100%	89%	0%	85%	85%
Health workers spend sufficient time with young people %	56%	52%	67%	0%	45%	60%
Young people receive appropriate information %	69%	48%	83%	100%	75%	70%
<b>Sexual and reproductive health services (%)</b>						
<b>Maternal health</b>						
% Young people who requested contraceptives	15%	0%	11%	0%	15%	25%
% Young people who requested contraceptives that received contraceptives	53%		0%		67%	60%
% Young women who requested a pregnancy test	20%	0%	0%		20%	39%
% Young women who received a pregnancy test	55%				100%	44%
% Young women who were pregnant	2%	0%	0%		10%	0%
<b>Menstrual health</b>						
% Young women who requested pads	28%	0%	9%		40%	43%
% of those who requested pads that received pads	67%		0%		0%	100%
<b>HIV and AIDS and STI</b>						
% Young men who requested male circumcision	50%	27%	57%	100%	40%	65%
% of those who requested male circumcision received an appointment	87%	67%	100%	100%	75%	91%
% who requested HIV test	51%	19%	61%	0%	90%	45%
% of those who requested who received HIV test	90%	100%	100%		94%	78%
% who requested STI test	27%	5%	28%	0%	45%	30%
% who requested who received STI test	78%	100%	80%	0%	100%	58%
% who requested anti-retrovirals (ARVs)	20%	5%	0%	0%	40%	28%
% who requested who received ARVs	70%	100%			88%	55%
% who said Health worker asked about mental health	42%	38%	11%	100%	70%	43%

