

OF ADOLESCENT SEXUAL AND REPRODUCTIVE HEALTH (ASRHR)



JANUARY 2022

This fact sheet is a summary of the findings of the ASRHR Rapid Assessment undertaken in Lilala Council as part of an eight-country study¹ from November 2019 to December 2020. The research aims to strengthen youth-led and focused efforts to promote ASRHR through gender and youth responsive local governance. Gender Links Lesotho conducted the study in nine Centers of Excellence for Gender in Local Government.² In Lilala, the study covered two clinics namely St Barnabas and St Peters Health Centers with 72 respondents: 43%Female St Peters and 57% male (see table overleaf). This fact sheet should be read together with the Lesotho, and the Southern Africa ASRHR Rapid Assessment research pamphlets. Key findings include:

Accessibility

- Almost 58% of respondents in St Barnabas walk just 10km to the clinic as compared to 57% overall and 56% St Peters.
- Overall 10% of respondents as highest mentioned that the facility opens after school as compared to St Barnabas Health Centre at 9%.
- Both facilities do not open on weekends; this is worrying because weekend and after school hours are only available time for young people to visit health facilities.
- Over 69% of respondents from St Peters clinic agreed that the facility has a comfortable waiting and consultation area as compared to 61% from St Barnabas Health Clinic.
- Both facilities do not charge fares.

Quality of care

 About 58% of respondents in Lilala mentioned that peer counselors are available as compared 59% in St Barnabas and 56% St Peters Health Centres.

- Over 73% of young people in St Barnabas Health Centre highlighted that they were treated with respect as compared to the overall in Lilala with 65% and St Peters Health Centre with 59%.
- Overall, only 42% respondents were treated without parents or guardians as compared to 44% in St Peters and 39% in St Barnabas Health Centres.
- Sixty percent overall, young people had privacy as compared to 64% high in St Barnabas and low 56% in St Peters.
- About 70% in St Barnabas had confidentiality as compared to 61% overall and 54% in St Peters.
- Over 91% of respondents in St Barnabas Health Centre received appropriate information as compared to overall with 90% and St Peters.

Sexual and reproductive health services

- Overall 56% of respondents requested contraceptives and almost 75% from St Barnabas as compared to 70% St Peters received; this shows young women have access to contraceptives.
- Overall 35% of young women requested pregnancy tests with the highest of 53% St Peters and lowest of 14% in St Barnabas.
- Respondents from both facilities at 50% agreed that young women received pregnancy tests.
- Overall 21% of respondents of young women tested for pregnancy.
- Even though pads are not provided at the clinics; overall 43% of young women requested pads and 29% from St Peters received as compared to 0% at St Barnabas.
- Almost 89% of young men from St Barnabas requested male circumcision as compared to 82% at St Peter's and 72% as highest received male circumcision appointments.
- At least 64% of respondents requested HIV test and almost all respondents (95%) as highest received the test as compared to 79% as lowest at St Peter's.

FOR MORE INFORMATION go to:

https://genderlinks.org.za/what-we-do/governance/local-action-for-voice-and-choice/

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¹ Botswana, Eswatini, Lesotho, Madagascar, Mauritius, South Africa, Zambia and Zimbabwe. ² Kanana, Lilala, Mafeteng, Mamants'o, Mazenod, Qibing, Sephokong, Siloe and Ts'ana Talana.

KEY DATA FROM THE RAPID ASSESSMENT OF ASRHR SERVICES IN LILALA COUNCIL LESOTHO

Indicator	Lilala	St Barnabas Health Centre	St Peters Clever Health Centre
Total sample	72	33	39
% female	43%	42%	44%
% male	57%	58%	56%
Logistic information on health facilities			
Health facility within 10km from your	57%	58%	56%
home %	<i>57 70</i>	3070	00/0
The facility opens after school? %	10%	9%	10%
The facility opens on weekends? %	0%	0%	0%
The facility has a comfortable waiting and	65%	61%	69%
consultation area? %			
Does the facility charge a fee? %	0%	0%	0%
Average fee in USD	None	None	None
Quality of care	110110	110110	110110
Peer counsellors available %	58%	59%	56%
Young people treated with respect %	65%	73%	59%
Young people are treated without parent	63% 42%	39%	44%
present %	42%	37%	44%
Young people have privacy %	60%	64%	56%
Young people have confidentiality %	61%	70%	54%
Health workers spend sufficient time with	41%	45%	37%
young people %	,*	,	
Young people receive appropriate	90%	91%	90%
information %	,.	, .	
Sexual and reproductive health services (%)			
Maternal health			
% Young people who requested	56%	61%	51%
contraceptives	J0/0	01/6	31/6
% Young people who requested	73%	75%	70%
contraceptives that received contraceptives	/3/0	/3/0	70%
% Young women who requested a	2.507	1 407	F 207
pregnancy test	35%	14%	53%
	F007	F007	500
% Young women who received a pregnancy	50%	50%	50%
test	0.0	100	0.177
% Young women who were pregnant	21%	18%	24%
Menstrual health			
% Young women who requested pads	43%	43%	44%
% of those who requested pads that received	15%	0%	29%
pads			
HIV and AIDS and STI			
% YM who requested male circumcision	85%	89%	82%
% of those who requested male circimcision	71%	69%	72%
received an appointment			
% who requested HIV test	64%	67%	62%
% of those who requested who received HIV	87%	95%	79%
test			
% who requested STI test	46%	50%	44%
% who requested who received STI test	94%	100%	88%
% who requested anti-retrovirals (ARVs)	7%	16%	0%
% who requested who received ARVs	67%	67%	0,0
% who said Health worker asked about	35%	33%	37%
mental health	00/0	00,0	0.70
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