



RUFUNSA RAPID ASSESSMENT OF ADOLESCENT SEXUAL AND REPRODUCTIVE HEALTH (ASRHR)

JANUARY 2022



FACT SHEET

This fact sheet is a summary of the findings of the ASRHR Rapid Assessment undertaken in Rufunsa Zambia, as part of an eight-country study¹ from November 2019 to December 2020. The research aims to strengthen youth-led and focused efforts to promote ASRHR through gender and youth responsive local governance. Gender Links Zambia conducted the study in three Centers of Excellence for Gender in Local Government.² In Rufunsa, the study covered 19 clinics; 634 respondents: 51% young women and 49% young men (see table overleaf). This fact sheet should be read together with the Zambia and the Southern Africa ASRHR Rapid Assessment research pamphlets. Key findings include:

Accessibility

- All 19 health Facilities sampled do not charge fees for SRHR services.
- 86% of respondents confirmed health facilities to be within 10 Kilometers from their homes.
- Over half of the respondents (88%), said that the clinics open after school hours and 86% of the respondents said hospitals are accessible during weekends.
- 78% of respondents said the health centres have comfortable and safe spaces.

Quality of care

- Ninety-six percent of the young people confirmed that health workers spent sufficient time with them. Overall, only 99% of respondents said that health workers treated them with respect and confidentiality.
- Over half (59%) of the respondents said they are able to access the services without parental consent.

- Respondents (80%) said they received appropriate information on services required.

Sexual and reproductive health services

- Overall only 38% of young women requested a pregnancy test and 68% of the requested received it. Out of the 38% who requested pregnancy tests, only 2% reported being pregnant.
- Access to contraceptives remains an issue in Rufunsa district. Only 20% of the respondents requested for contraceptives and 71% received the service. This indicator shows that there is still much to be done around information in access to contraceptives for young people.
- Only 3% of the young women who requested sanitary pads received the service. Clinics in Zambia do not provide free sanitary pads. This service is now being provided in schools.
- At 59% overall, requested for male circumcision. Young men in rural areas have been requesting and accessing male circumcision services. This can be attributed to the adequate information health facilities provide on the service.
- Overall 46% asked about mental health. This is one topic rarely addressed in most health centres considering the latest statistics on teenage suicides in Zambia.
- None of the respondents requested nor received PREP and PEP from health centres. These statistics remain a concern as young people do not have sufficient information on Prep and PEP.

¹ Botswana, Eswatini, Lesotho, Madagascar, Mauritius, South Africa, Zambia and Zimbabwe
² Kilwe, Rufunsa and Kasama

FOR MORE INFORMATION go to:

<https://genderlinks.org.za/what-we-do/governance/local-action-for-voice-and-choice/>

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Indicator	Rufunsa	Luangwa Bridge HP GRZ	Lukwipa RHC GRZ	Mwachilele HP GRZ	Rufunsa RHC GRZ	Bundabunda	Chimusanya HP GRZ	Chinyuny	Chipeketi	Chitemalesa HP GRZ	Chiyota HP GRZ	Hahc mpanshya	Kankumba	Kanyongoloka	Kasenga	Mpanshya Mission Hospital	Mulamba	Namanongo	Nyangwena RHC GRZ	Shikabeta RHC
Total sample	634	41	31	32	37	33	30	34	32	31	35	33	30	40	23	28	30	31	34	30
% female	51%	51%	48%	38%	73%	48%	40%	53%	53%	52%	60%	48%	50%	68%	26%	50%	50%	52%	35%	50%
% male	49%	49%	52%	63%	27%	52%	60%	47%	47%	48%	40%	52%	50%	33%	74%	50%	50%	48%	65%	50%
Logistic information on health facilities																				
Health facility within 10km from your home %	86%	100%	84%	84%	68%	97%	83%	100%	100%	90%	66%	70%	100%	80%	91%	79%	70%	97%	100%	100%
The facility opens after school? %	88%	85%	87%	94%	65%	94%	62%	97%	100%	90%	100%	76%	93%	83%	96%	76%	97%	97%	93%	100%
The facility opens on weekends? %	86%	78%	94%	75%	81%	88%	80%	94%	63%	90%	91%	82%	83%	95%	91%	96%	86%	77%	97%	100%
The facility has a comfortable waiting and consultation area? %	78%	90%	94%	72%	43%	88%	60%	100%	100%	68%	86%	67%	53%	45%	100%	61%	97%	97%	88%	100%
Quality of care																				
Peer counsellors available %	52%	40%	52%	41%	8%	55%	28%	78%	97%	32%	63%	31%	60%	48%	87%	20%	29%	52%	76%	100%
Young people treated with respect %	92%	90%	81%	88%	97%	85%	90%	94%	100%	90%	94%	94%	97%	100%	96%	82%	87%	90%	97%	100%
Young people are treated without parent present %	59%	59%	68%	81%	59%	48%	50%	62%	84%	58%	63%	61%	30%	33%	61%	29%	87%	45%	50%	83%
Young people have privacy %	98%	90%	97%	100%	100%	100%	97%	100%	100%	100%	100%	97%	100%	100%	100%	89%	100%	100%	97%	100%
Young people have confidentiality %	99%	95%	97%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	93%	100%	100%	100%	100%
Health workers spend sufficient time with young people %	96%	59%	100%	97%	100%	97%	97%	100%	100%	97%	100%	97%	100%	100%	100%	89%	100%	100%	100%	100%
Young people receive appropriate information %	80%	85%	57%	69%	89%	82%	73%	59%	97%	84%	66%	85%	97%	100%	87%	69%	30%	94%	100%	100%
Sexual and reproductive health services (%)																				
Maternal health																				
% Young people who requested contraceptives	20%	27%	25%	25%	3%	12%	10%	30%	9%	45%	53%	9%	20%	13%	50%	15%	10%	27%	15%	0%
% Young people who received contraceptives	71%	90%	55%	75%	0%	75%	100%	76%	100%	63%	65%	67%	100%	100%	54%	50%	67%	64%	100%	
% Young women who requested a pregnancy test	38%	70%	92%	50%	22%	21%	9%	29%	6%	63%	80%	0%	47%	38%	50%	36%	33%	38%	33%	7%
% Young women who received a pregnancy test	68%	92%	9%	100%	100%	33%	100%	100%	100%	30%	63%	0%	100%	100%	33%	80%	80%	0%	75%	0%
% Young women who requested post-natal care	2%	0%		14%	0%	0%	0%	33%	0%	0%	0%	0%	0%	8%		0%		0%	0%	
% Young women who requested post natal care who received post-natal care	100%			100%				100%						100%						
% Young women who requested help with breast feeding	3%	0%		17%	0%	0%	0%	100%	0%	0%		0%	0%	8%		0%		0%	0%	
% Young women who requested that received help with breast feeding	100%			100%				100%						100%						
Menstrual health																				
% Young women who requested pads	3%	0%	8%	8%	0%	0%	0%	0%	0%	7%	11%	0%	0%	11%	0%	0%	0%	9%	8%	0%
HIV and AIDS and STI																				
% Young men who requested male circumcision	57%	70%	75%	35%	50%	71%	56%	64%	17%	73%	63%	59%	80%	85%	71%	64%	47%	27%	73%	53%
% of those who requested male circumcision received on appointment	99%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	92%	100%	100%	100%	100%	100%
% who requested HIV test	59%	90%	71%	44%	68%	48%	48%	58%	22%	77%	54%	55%	79%	80%	78%	57%	50%	24%	76%	57%
% who requested STI test	9%	38%	7%	3%	8%	3%	3%	12%	0%	10%	17%	3%	0%	10%	9%	21%	13%	4%	6%	3%
% who requested anti-retrovirals (ARVs)	1%	0%	0%	3%	3%	0%	0%	3%	0%	0%	0%	0%	0%	0%	4%	0%	0%	0%	9%	0%
% who said Health worker asked about mental health	46%	6%	57%	25%	22%	45%	41%	67%	69%	55%	74%	33%	50%	65%	83%	18%	27%	20%	62%	87%