

KASAMA RAPID ASSESSMENT OF ADOLESCENT SEXUAL AND REPRODUCTIVE HEALTH (ASRHR)



JANUARY 2022

This fact sheet is a summary of the findings of the ASRHR Rapid Assessment undertaken in Kasama Zambia, as part of an eight-country study¹ from November 2019 to December 2020. The research aims to strengthen youth-led and focused efforts to promote ASRHR through gender and youth responsive local governance. Gender Links Zambia conducted the study in three Centers of Excellence for Gender in Local Government.² In Kasama, the study covered 19 clinics; 595 respondents: 50% young women and 50% young men (see table overleaf). This fact sheet should be read together with the Zambia and the Southern Africa ASRHR Rapid Assessment research pamphlets. Key findings include:

Accessibility

- Eighty-two percent of respondents reported being within 10 km of a clinic.
- Responses to whether the clinics open after school varied from 43% low in Mulenga Hills Clinic to 100% high in Lukasha Rural Health Centre. This suggests either differences in the way clinics operate, or lack of knowledge concerning their hours.
- Almost all respondents (98%) said that the clinics open at weekends.
- Eighty-seven percent of respondents said that the clinics have a comfortable waiting and consultation area.
- None of the clinics charge fees for their services.

Quality of care

- 97% of respondents said clinics treated them with confidentiality and respect.
- A high percentage of respondents (78%) said clinics did not require their parents.
- 90% overall, respondents said that health workers spent sufficient time with them.

 While 50% agreed to receive appropriate information on deferent SRHR services.

Sexual and reproductive health services

- Less than half (24%) of respondents in all clinics requested contraceptives. All who requested contraceptives received them. This indicator shows that more needs to be done in providing appropriate information around access to contraceptives as well as the legal provisions around this.
- Overall 18% of young women requested a pregnancy test and 76% received it - another encouraging indicator of ASRHR services. None of the young women were pregnant at the time: a positive reflection on good access to contraceptives.
- 3% the young women requested sanitary pads. There is still no policy nor legal provision which mandates health facilities and local authorities to provide free sanitary pads. This is a concern especially in rural Councils as most young women lack the financial ability to access sanitary wear. Providing free pads through clinics would be another route to ending period poverty.
- At 40%, overall demand for male circumcision and 95% received an appointment for Male circumcision.
- Overall 46% requested an HIV test. This ranged from 10% in Mukonge Clinic to 72% in Army clinic. All those (100%) who asked for this test received it.
- A very low percentage of respondents (23% overall) said health workers asked about their mental health. This is a concern, as ASRHR and mental health are closely linked.

FOR MORE INFORMATION go to:

https://genderlinks.org.za/what-we-do/governance/local-action-for-voice-and-choice/

Contact details: Gender Links Zambia Address: Civic Centre, Fourth Floor - New Wing, Independence Avenue, Zambia Tel: +260963266323







 $[\]frac{1}{2}$ Botswana, Eswatini, Lesotho, Madagascar, Mauritius, South Africa, Zambia and Zimbabwe Kitwe, Rufunsa and Kasama

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% who said Health worker asked about mental	% who requested STI test	% who requested HIV test	received an appointment	% of those who requested male circimcision	% Young men who requested male circumcision	HIV and AIDS and STI	% Young women who requested pads	Menstrual health	Test	% Young women who received a pregnancy	test	You in a women who real lested a preamancy	% Young people who received contraceptives	contraceptives	narernal nealth	Sexual and reproductive health services (%)	information %	young people %	Health workers spend sufficient time with	Young people have confidentiality %	Young people have privacy %	Young people are treated without parent present %	Young people treated with respect %	Peer counsellors available %	Quality of care	The facility has a comfortable waiting and consultation area? %	The facility opens on weekends? %	The facility opens after school? %	Health facility within 10km from your home %	Logistic information on health facilities	% male	% female	Total sample	Indicator
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